

Appendix D to §1910.1001

Medical Questionnaires - Mandatory

This mandatory appendix contains the medical questionnaires that must be administered to all employees who are exposed to asbestos above the permissible exposure limit, and who will therefore be included in their employer's medical surveillance program. Part 1 of this appendix contains the Initial Medical Questionnaire, which must be obtained for all new hires who will be covered by the medical surveillance requirements. Part 2 includes the abbreviated Periodical Medical Questionnaire, which must be administered to all employees who are provided periodic medical examinations under the medical surveillance provisions of the standard in this section.

Part 1

INITIAL MEDICAL QUESTIONNAIRE

1. NAME _____
2. CLOCK NUMBER _____
3. PRESENT OCCUPATION _____
4. PLANT _____
5. ADDRESS _____
6. ZIP CODE _____
7. TELEPHONE NUMBER (_____) _____ - _____
8. INTERVIEWER _____
9. DATE _____
10. Date of Birth _____ Month _____ Day _____ Year
11. Place of Birth _____
12. Sex 1. ☐ Male 2. ☐ Female
13. What is your marital status? 1. ☐ Single 2. ☐ Married 3. ☐ Widowed 4. ☐ Separated/Divorced
14. Race (Check all that apply) 1. ☐ White 2. ☐ Black or African American 3. ☐ Asian 4. ☐ Hispanic or Latino
5. ☐ American Indian or Alaska Native 6. ☐ Native Hawaiian or Other Pacific Islander
15. What is the highest grade completed in school? _____
(For example 12 years is completion of high school)

OCCUPATIONAL HISTORY

- 16A. Have you ever worked full time (30 hours per week or more) for 6 months or more? 1. ☐ Yes 2. ☐ No

IF YES TO 16A:

- B. Have you ever worked for a year or more in any dusty job? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply

Specify job/industry _____ Total Years Worked _____

Was dust exposure: 1. ☐ Mild 2. ☐ Moderate 3. ☐ Severe

- C. Have you ever been exposed to gas or chemical fumes in your work? 1. ☐ Yes 2. ☐ No

Specify job/industry _____ Total Years Worked _____

Was exposure: 1. ☐ Mild 2. ☐ Moderate 3. ☐ Severe

- D. What has been your usual occupation or job—the one you have worked at the longest?

1. Job occupation _____
2. Number of years employed in this occupation _____
3. Position/job title _____
4. Business, field or industry _____

(Record on lines the years in which you have worked in any of these industries, e.g. 1960-1969)

Have you ever worked:

- | | | |
|------------------------------------|------------------------------------|-----------------------------------|
| E. In a mine? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |
| F. In a quarry? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |
| G. In a foundry? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |
| H. In a pottery? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |
| I. In a cotton, flax or hemp mill? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |
| J. With asbestos? | <input type="checkbox"/> YES _____ | <input type="checkbox"/> NO _____ |

17. PAST MEDICAL HISTORY

- A. Do you consider yourself to be in good health? ☐ YES ☐ NO
If "NO" state reason _____
- B. Have you any defect of vision? ☐ YES ☐ NO
If "YES" state nature of defect _____
- C. Have you any hearing defect? ☐ YES ☐ NO
If "YES" state nature of defect _____
- D. Are you suffering from or have you ever suffered from:
- | | | |
|---|------------------------------|-----------------------------|
| a. Epilepsy (or fits, seizures, convulsions)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| b. Rheumatic fever? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| c. Kidney disease? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| d. Bladder disease? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| e. Diabetes? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| f. Jaundice? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

18. CHEST COLDS AND CHEST ILLNESSES

- 18A. If you get a cold, does it "usually" go to your chest? (Usually means more than 1/2 the time) 1. ☐ Yes 2. ☐ No 3. ☐ Don't get colds

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- 19A.** During the past 3 years, have you had any chest illnesses that have kept you off work, indoors at home, or in bed? 1. ☐ Yes 2. ☐ No
 IF YES TO 19A:
B. Did you produce phlegm with any of these chest illnesses? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. In the last 3 years, how many such illnesses with (increased) phlegm did you have which lasted a week or more? Number of illnesses _____
 No such illnesses _____
- 20.** Did you have any lung trouble before the age of 16? 1. ☐ Yes 2. ☐ No
- 21.** Have you ever had any of the following?
1A. Attacks of bronchitis? 1. ☐ Yes 2. ☐ No
 IF YES TO 1A:
B. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. At what age was your first attack? Age in Years _____ Does Not Apply _____
2A. Pneumonia (include bronchopneumonia)? 1. ☐ Yes 2. ☐ No
 IF YES TO 2A:
B. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. At what age did you first have it? Age in Years _____ Does Not Apply _____
3A. Hay Fever? 1. ☐ Yes 2. ☐ No
 IF YES TO 3A:
B. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. At what age did it start? Age in Years _____ Does Not Apply _____
- 22A.** Have you ever had chronic bronchitis? 1. ☐ Yes 2. ☐ No
 IF YES TO 22A:
B. Do you still have it? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
D. At what age did it start? Age in Years _____ Does Not Apply _____
- 23A.** Have you ever had emphysema? 1. ☐ Yes 2. ☐ No
 IF YES TO 23A:
B. Do you still have it? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
D. At what age did it start? Age in Years _____ Does Not Apply _____
- 24A.** Have you ever had asthma? 1. ☐ Yes 2. ☐ No
 IF YES TO 24A:
B. Do you still have it? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
C. Was it confirmed by a doctor? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
D. At what age did it start? Age in Years _____ Does Not Apply _____
E. If you no longer have it, at what age did it stop? Age stopped _____ Does Not Apply _____
- 25.** Have you ever had:
A. Any other chest illness? 1. ☐ Yes 2. ☐ No
 If yes, please specify _____
B. Any chest operations? 1. ☐ Yes 2. ☐ No
 If yes, please specify _____
C. Any chest injuries? 1. ☐ Yes 2. ☐ No
 If yes, please specify _____
- 26A.** Has a doctor ever told you that you had heart trouble? 1. ☐ Yes 2. ☐ No
 IF YES TO 26A:
B. Have you ever had treatment for heart trouble in the past 10 years? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
- 27A.** Has a doctor ever told you that you had high blood pressure? 1. ☐ Yes 2. ☐ No
 IF YES TO 27A:
B. Have you had any treatment for high blood pressure (hypertension) in the past 10 years? 1. ☐ Yes 2. ☐ No 3. ☐ Does Not Apply
- 28.** When did you last have your chest X-rayed? (Year) _____
- 29.** Where did you last have your chest X-rayed (if known)? _____
 What was the outcome? _____

FAMILY HISTORY

- 30.** Were either of your natural parents ever told by a doctor that they had a chronic lung condition such as:
- | | FATHER | | | MOTHER | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | 1. Yes | 2. No | 3. Don't know | 1. Yes | 2. No | 3. Don't know |
| A. Chronic Bronchitis? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| B. Emphysema? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| C. Asthma? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| D. Lung cancer? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E. Other chest conditions? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| F. Is parent currently alive? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G. Please Specify? | _____ Age if Living | | | _____ Age if Living | | |
| | _____ Age at Death | | | _____ Age at Death | | |
| | _____ Don't Know | | | _____ Don't Know | | |
| H. Please specify cause of death? | _____ | | | _____ | | |

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COUGH

31A. Do you usually have a cough? (Count a cough with first smoke or on first going out of doors. Exclude clearing of throat.) 1. ☐ Yes 2. ☐ No
(If no, skip to question 31 C.)

B. Do you usually cough as much as 4 to 6 times a day 4 or more days out of the week? 1. ☐ Yes 2. ☐ No

C. Do you usually cough at all on getting up or first thing in the morning? 1. ☐ Yes 2. ☐ No

D. Do you usually cough at all during the rest of the day or at night? 1. ☐ Yes 2. ☐ No

IF YES TO ANY OF ABOVE (31A, B, C, OR D), ANSWER THE FOLLOWING. IF NO TO ALL, CHECK "DOES NOT APPLY" AND SKIP TO 33A

E. Do you usually cough like this on most days for 3 consecutive months or more during the year? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

F. For how many years have you had the cough? Number of years _____ Does not apply _____

32A. Do you usually bring up phlegm from your chest? 1. ☐ Yes 2. ☐ No
Count phlegm with the first smoke or on first going out of doors. Exclude phlegm from the nose. Count swallowed phlegm.) (If no, skip to 32C)

B. Do you usually bring up phlegm like this as much as twice a day 4 or more days out of the week? 1. ☐ Yes 2. ☐ No

C. Do you usually bring up phlegm at all on getting up or first thing in the morning? 1. ☐ Yes 2. ☐ No

D. Do you usually bring up phlegm at all on during the rest of the day or at night? 1. ☐ Yes 2. ☐ No

IF YES TO ANY OF THE ABOVE (32A, B, C, OR D), ANSWER THE FOLLOWING: IF NO TO ALL, CHECK "DOES NOT APPLY" AND SKIP TO 33A

E. Do you bring up phlegm like this on most days for 3 consecutive months or more during the year? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

F. For how many years have you had trouble with phlegm? Number of years _____ Does not apply _____

EPISODES OF COUGH AND PHLEGM

33A. Have you had periods or episodes of (increased*) cough and phlegm lasting for 3 weeks or more each year? 1. ☐ Yes 2. ☐ No
*(For persons who usually have cough and/or phlegm)

IF YES TO 33A

B. For how long have you had at least 1 such episode per year? Number of years _____ Does not apply _____

WHEEZING

34A. Does your chest ever sound wheezy or whistling

1. When you have a cold? 1. ☐ Yes 2. ☐ No

2. Occasionally apart from colds? 1. ☐ Yes 2. ☐ No

3. Most days or nights? 1. ☐ Yes 2. ☐ No

B. For how many years has this been present? Number of years _____ Does not apply _____

35A. Have you ever had an attack of wheezing that has made you feel short of breath?

1. ☐ Yes 2. ☐ No

IF YES TO 35A

B. How old were you when you had your first such attack? Age in years _____ Does not apply _____

C. Have you had 2 or more such episodes? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

D. Have you ever required medicine or treatment for the(se) attack(s)? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

BREATHLESSNESS

36. If disabled from walking by any condition other than heart or lung disease, please describe and proceed to question 38A. Nature of condition(s)

37A. Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill? 1. ☐ Yes 2. ☐ No

IF YES TO 37A

B. Do you have to walk slower than people of your age on the level because of breathlessness? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

C. Do you ever have to stop for breath when walking at your own pace on the level? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

D. Do you ever have to stop for breath after walking about 100 yards (or after a few minutes) on the level? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

E. Are you too breathless to leave the house or breathless on dressing or climbing one flight of stairs? 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

TOBACCO SMOKING

38A. Have you ever smoked cigarettes? 1. ☐ Yes 2. ☐ No
(No means less than 20 packs of cigarettes or 12 oz. of tobacco in a lifetime or less than 1 cigarette a day for 1 year.)

IF YES TO 38A

B. Do you now smoke cigarettes (as of one month ago) 1. ☐ Yes 2. ☐ No 3. ☐ Does not apply

C. How old were you when you first started regular cigarette smoking? Age in years _____ ☐ Does not apply

D. If you have stopped smoking cigarettes completely, how old were you when you stopped? Age stopped _____ ☐ Check if still smoking ☐ Does not apply

E. How many cigarettes do you smoke per day now? Cigarettes per day _____ ☐ Does not apply

F. On the average of the entire time you smoked, how many cigarettes did you smoke per day? Cigarettes per day _____ ☐ Does not apply

G. Do or did you inhale the cigarette smoke? ☐ Does not apply ☐ Not at all ☐ Slightly ☐ Moderately ☐ Deeply

39A. Have you ever smoked a pipe regularly? (Yes means more than 12 oz. of tobacco in a lifetime.) 1. ☐ Yes 2. ☐ No

IF YES TO 39A:

FOR PERSONS WHO HAVE EVER SMOKED A PIPE

B. 1. How old were you when you started to smoke a pipe regularly? Age in years _____

2. If you have stopped smoking a pipe completely, how old were you when you stopped? Age in years _____ ☐ Check if still smoking pipe ☐ Does not apply

C. On the average over the entire time you smoked a pipe, how much pipe tobacco did you smoke per week? _____ oz. per week ☐ Does not apply
(a standard pouch of tobacco contains 1 1/2 oz.)

D. How much pipe tobacco are you smoking now? _____ oz. per week ☐ Not currently smoking a pipe

E. Do you or did you inhale the pipe smoke? ☐ Never smoked ☐ Not at all ☐ Slightly ☐ Moderately ☐ Deeply

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40A. Have you ever smoked cigars regularly?
(Yes means more than 1 cigar a week for a year)

1. ☐ Yes 2. ☐ No

IF YES TO 40A

FOR PERSONS WHO HAVE EVER SMOKED A CIGAR

- B.** 1. How old were you when you started smoking cigars regularly? Age ____
2. If you have stopped smoking cigars completely, how old were you when you stopped smoking cigars? Age stopped ____ ☐ Check if still ☐ Does not apply
C. On the average over the entire time you smoked cigars, how many cigars did you smoke per week? Cigars per week ____ ☐ Does not apply
D. How many cigars are you smoking per week now? Cigars per week ____ ☐ Check if not smoking cigars currently
E. Do or did you inhale the cigar smoke? 1. ☐ Never smoked 2. ☐ Not at all 3. ☐ Slightly 4. ☐ Moderately 5. ☐ Deeply

Signature _____

Date _____